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## Waterbury Area Opioid Abuse Resources

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2-1-1 Connecticut's eLibrary paper on Opioid Substance Abuse Treatment Options:  
<http://uwc.211ct.org/opioid-substance-abuse-treatment-options-in-connecticut/>

### Assessment & Evaluation

- **General Assessment for Substance Abuse Disorders (specific to Opiate Use Disorder)**: List of the DMHAS community walk-in assessment centers that assess and make recommendations and referrals regarding treatment and services. Centers also provide access to Narcan. Individuals can call DMHAS toll-free number at 1-800-563-4086 for connection to a local assessment center.
- **General Assessment for Substance Abuse Disorders (all substances)**: List of centers that provide assessment and treatment evaluation for a variety of substance abuse issues.
- **Central Intake/Assessment for Substance Abuse**: List of programs that serve as gatekeeper agencies which evaluate individuals in need of substance abuse services and triage to available beds in the community. Some programs may also offer medical detoxification services.
  - **Crisis Intervention Services**
    - **Emergency Mobile Psychiatric Services for Adults**
    - **Emergency Mobile Psychiatric Services for Youth**: EMPS for youth is for children and adolescents through age 17 and 18 and 19 yr olds still in school
    - **Substance Abuse Intervention Programs**: List of programs that work with families and friends who are concerned with the alcohol or drug addiction of a loved one and want to help those individuals take the first step in recognizing their disease and accepting treatment.
    - **911 Services**
    - **Suicide Prevention Hotlines**

### Treatment (Detox → Inpatient → Residential → Day)

- **Inpatient Drug Detoxification**: List of programs that provide assistance and support during the withdrawal period for individuals physically dependent on substances. Need to look at details of each program to see for which substances they provide detoxification assistance.

- **[Outpatient Drug Detoxification](#)**: List of programs that provide assistance and support during the withdrawal period for individuals physically dependent on substances. Need to look at details of each program to see for which substances they provide detoxification assistance.
- **[Inpatient Substance Abuse Disorder Treatment Facilities](#)**: List of healthcare facilities that provide structured treatment programs and support services in the context of a 24-hr supervised environment.
- **[Residential Substance Use Disorder Treatment Facilities](#)**: List of community-based residential facilities that provide treatment services in the context of a 24-hr supervised drug and alcohol-free environment.
- **[Substance Abuse Day Treatment](#)**: List of outpatient programs which may include individual and group counseling, 12-step meetings, social/recreational activities, relapse prevention services and continuing care services.
- **[Methadone Maintenance](#)**: Programs that utilize controlled dosages of methadone in order to support the efforts of abusers to abstain from use of heroin.

## **Support**

- **[Drug Dependency Support Groups](#)**: List of organizations that offer support programs for individuals with addiction as well as organizations that track and provide listings of meetings.
  - Narcotics Anonymous, CT Region: <http://ctna.org/find-a-meeting.php>
- **[Substance Abuse Counseling](#)**: List of programs that provide individual, group or family therapy for individuals who abuse substances and/or for their families to help them better understand the nature of their physical and/or psychological dependency and to support their efforts to recover.

## **Education**

- **[Substance Abuse Education/Prevention](#)**: List of programs that provide information about substance abuse and offer a variety of services and resources focused on substance abuse prevention.

## **Other Resources**

- List of CT pharmacies certified to prescribe Naloxone (Narcan): [https://data.ct.gov/Public-Safety/Pharmacies-offering-Narcan-Evzio-and-other-brands-/2vby-9bet?category=Public-Safety&view\\_name=Pharmacies-offering-Narcan-Evzio-and-other-brands-Opens](https://data.ct.gov/Public-Safety/Pharmacies-offering-Narcan-Evzio-and-other-brands-/2vby-9bet?category=Public-Safety&view_name=Pharmacies-offering-Narcan-Evzio-and-other-brands-Opens)